

## Tea Selection

### English Breakfast Tea

A robust and malty black tea, which is a delicious combination of Assam and Ceylon teas, carefully blended to create a full-bodied, strong cup of breakfast tea. A dark copper cup, with a hearty flavour, ideally taken with milk.

### Earl Grey

Early Grey is one of the most widely drunk teas in the world and its distinct flavour is a result of combining high quality Chinese black tea and oil of bergamot. A beautifully scented tea with bold citrus flavours, embodying the finest English tea.

### Lung Ching

Also known as 'Dragonwell', this is one of the most famous Chinese green teas worldwide, renowned for its quality and remarkable flavour. This medium bodied tea smoothly combines the classic green tea character, with sweet and slightly toasty notes.

### Whole Leaf Peppermint

This premium whole leaf peppermint has mildly sweet undertones and a crisp, menthol freshness that can be enjoyed all day long. Peppermint is well known for being a fantastic digestive tonic and a stimulant for the mind and body.

### Chamomile Flowers

These lovely flowers produce a golden cup with a creamy sweet infusion. Chamomile tea is an all-time favourite when it comes to calming the nerves, soothing irritability, and comforting the digestive system.

### Orange Blossom

Refreshing and reminiscent of summer, this white tea blend captures the essence of ripe oranges, by infusing soft white and vibrant green tea leaves with essential oil and orange pieces.

### Ceylon Decaffeinated Black Tea

A full-bodied Ceylon black tea with spicy undertones, which has retained its character by a flavour protecting CO2 decaffeination method. This tea is ideal for those who want to reduce caffeine in their diet.

### Tea and Coffee £4.95 each

*\*Made with semi-skimmed milk.*

*Soy and oat milk available.*

- Espresso double (kcal 0)
- Cafetière coffee\* (kcal 36)
- Americano (kcal 0)
- Cappuccino\* (kcal 65)
- Café latte\* (kcal 97)
- Café mocha\* (kcal 93)
- Hot chocolate\* (kcal 307)
- Loose leaf tea\* (kcal 19)

## AFTERNOON TEA MENU

### RHINEFIELD HOUSE

HOTEL  
THE NEW FOREST, HAMPSHIRE

## Traditional Afternoon Tea

Roast Hampshire beef, watercress and horseradish  
Dorset coastal cheddar, red onion chutney  
Smoked salmon, cream cheese and cucumber

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Goats cheese, butternut squash and saffron lasagna  
New Forest pork and wild mushroom pithivier

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Handmade warm plain and fruit scones  
Strawberry jam and Cornish clotted cream  
Valrhona Manjari Earl Grey mousse  
Apple and caramel trifle  
Cassis and thyme mousse with pear

**£39.50 per person**  
(kcal 2,186)

## Champagne Afternoon Tea

For the height of decadence, add a chilled glass of  
Bruno Paillard Champagne (125ml) to your  
Traditional Afternoon Tea order

**Brut £52.50 per person**  
**Rosé £57.50 per person**

## Children's Afternoon Tea

A selection of children's sandwiches  
Plain scone with clotted cream and jam  
Rocky road and cupcake

**£12 per person**

**A discretionary service charge of 12.5% will be added to your bill.**  
All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If more information about allergens is required, please ask a member of the team. Prices inclusive of VAT at current rate.  
Adults need around 2000 kcal per day.

*Hand* PICKED  
HOTELS

## Vegetarian Afternoon Tea

*Vegan options available*

Herb roasted vegetables, garlic mayonnaise  
Dorset coastal cheddar, red onion chutney  
Avocado, watercress and lemon

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Roast sweet potato, Mediterranean vegetables  
and harissa wellington

Goats cheese, butternut squash and saffron lasagna

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Fruit and plain scones, clotted cream and strawberry jam  
Coconut panna cotta, passion fruit jelly  
Dark chocolate cookie sandwich  
Lemon drizzle cake

**£39.50 per person**  
(kcal 2,698)

## Non-Gluten Containing Afternoon Tea

*Made with non-gluten containing items*

Roast Hampshire beef, watercress and horseradish  
Dorset coastal cheddar, red onion chutney  
Smoked salmon, cream cheese and cucumber

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New Forest pork and wild mushroom ragu  
Butternut squash and goats cheese tart

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Fruit scones, clotted cream and strawberry jam  
Triple chocolate brownie  
Coconut panna cotta, passion fruit jelly  
Dark chocolate cookie sandwich

**£39.50 per person**  
(kcal 2,624)

## Cream Tea

Freshly made fruit scones served with strawberry jam and clotted cream. Served with your choice of freshly brewed tea or coffee. V & VG options available. (kcal 639)

**£12 per person**